

## **ANNOUNCING THE NEW BOARD OF DIRECTORS OF THE COLLEGE OF REGISTERED PSYCHIATRIC NURSES OF MANITOBA for 2011 – 2013**

**Leo O'Rourke** is the President of the College of Registered Psychiatric Nurses of Manitoba (CRPNM).

Leo is Manager of Patient Care for the General Psychiatry Program and the Adult Eating Disorder Program at the Health Sciences Centre in Winnipeg. He has been practicing Psychiatric Nursing since 1991 working at the Selkirk Mental Health Centre until 1993 and then the PsychHealth Centre at the Health Sciences Centre, Winnipeg. He has been on the CRPNM board since 2003 having just completed two successive terms as Vice-President of the College.

The Vice-President is **Debbie Frechette, RPN, BScMH**. Debbie is the Director of Patient Services, Mental Health and Regional Nursing Lead, Adult Mental Health for the WRHA. She has worked as a RPN in the WRHA for the last 18 years in a variety of settings and has served on many committees. The roles she has filled include that of Consultation Liaison Psychiatric Nurse. She has served on the Board of Directors for the last 4 terms including the last two terms on the executive committee. She is the Chair of the Professional Practice Committee, and represents the Registered Psychiatric Nurses of Canada on the Canadian Partnership Against Cancer Health Human Resource Action Group.

The Secretary/Treasurer is **Melanie Ferg, RPN**. Melanie has been employed at the Manitoba Developmental Centre since graduating from the Brandon Psychiatric Nursing program in 1991. She has been a Residential Coordinator for the past 14 years and has experience in both the Extended Care Program and the Habilitation Program which supports persons with a dual diagnosis (consisting of both a developmental disability and a clinical psychiatric diagnosis) to enhance their life skill abilities through the promotion of independence, choice and acquisition of life skills. Melanie has actively participated on numerous committees at the Centre including the Quality Management Committee. She has been a member of the CRPNM Board of Directors for the past 8 years and Secretary/Treasurer for 2 terms.

The Executive Committee member at large is **Deborah Handziuk, M.Ed**. Deborah is the Dean at the Pembina Campus of Winnipeg Technical College where she provides personal, educational and career counselling to secondary and post-secondary students. Her responsibilities include mediation, conflict resolution, recruitment, registration, public relations, development of student educational plans, report writing and liaison with sponsoring agencies. She has extensive experience in course development and program evaluation. Deborah is a public representative appointed by the Minister of Health.

### **The Directors are:**

**Karen Burgess, RPN, BScPN, BA** –works as a Nurse Therapist with the Adult Eating Disorders Program at the Psychealth Centre. She has previous experience in child and adolescent eating disorders, acute adult general psychiatry and at a residential developmental centre. She received her BA from the U of M in 1999 and earned her BScPN degree with Greatest Distinction from BU in 2002 when she received the CRPNM Gold Medal for achievement in the program. Previously, she was on the Board of Directors from 2003-2007. She was elected twice to the executive in the Secretary/Treasurer position and sat on the Steering Committee for the 2004 World Congress for Psychiatric Nurses.

**Chris Dooley, MA, PhD(c)** teaches Canadian History at the University of Winnipeg. He works on the history of health and social policy and the history of the professions, and his research specialties include the history of psychiatric deinstitutionalization in Canada and the history of Psychiatric Nursing in Western Canada. Chris is a member of Open Doors: Closed Ranks, a national, interdisciplinary research collective funded by the Canadian Institute for Health Research that brings historical analysis to current debates about mental health policy. Prior to his return to university to start his doctorate, Chris worked for governmental and non-governmental organizations in the areas of public policy, international development education, curriculum design, and heritage preservation.

**Laurel Hogan** has worked extensively within the arts and culture industry. Laurel is currently the Coordinator of Volunteer Resources at Artbeat Studio Inc., a non-profit charity that offers a residency program, providing studio space for artists with lived experience of mental illness. The program promotes healing through creative endeavour, successfully attracting many individuals who take advantage of its free programming, and many volunteers to whom the program owes its success. Laurel is dedicated to supporting artists whose creative work provides a positive example of how those with lived experience of mental illness can work toward recovery and wellness within a holistic creative context.

**Amy Howie Martyniuk, RPN, BScPN** works as the Regional Quality Improvement/Patient Safety Coordinator for the Correctional Services of Canada (CSC) in Winnipeg. She is on a one-year assignment in this position. Prior to that, she was a Community Mental Health Specialist, providing direct services to offenders with mental disorders who were released to the community from a CSC institution. Her previous experiences included practice with the Addictions Foundation of Manitoba in the Methadone and Needle Exchange Program. She is currently enrolled in a Master's of Health Studies Program through Athabasca University.

**Isabelle Jarrin, RPN, BScPN, BA** is the Mental Health Nurse Educator at the Health Sciences Centre-PsychHealth Centre. Her clinical background is in inpatient adult mental health units. The main focus of her career has been in mental health nursing education, both in the clinical and university settings. Isabelle is a member of the CRPNM Psychiatric Nursing Education Approval Committee, CRPNM Board of Directors and Planning Committee for the 2004 and 2013 World Congress for Psychiatric Nurses. She is currently enrolled in a Master's of Nursing Program through the University of Manitoba.

**Esyllt Jones, PhD** is Assistant Professor in the History department at the University of Manitoba. She is the author of the awarding winning book *Influenza 1918: Disease, Death and Struggle in Winnipeg* (University of Toronto Press, 2007). She was recently awarded a three year research grant by the Social Sciences and Humanities Research Council for a project on the history of medicare in Canada. She has served on the University of Manitoba Board of Governors, is currently a member of the editorial board of the University of Manitoba Press, and formerly worked as a researcher for the Manitoba Nurses' Union. Esyllt is a public representative appointed by the Minister of Health.

**Lynn Luining, RPN** Graduated in 1986 and has worked at Selkirk Mental Health Center since then. Currently works as a Coordinator of Patient Services in the Rehabilitation Program, and really enjoys seeing patients meet their recovery goals and return to their community. Lynn is active in a number of committees, including Nursing Standards and Practice. Lynn has been a member of the CRPNM Board of Directors over the past 6 years.

**Leslie Orlikow** is the Regional RAI Coordinator for Revera (formerly Central Park Lodges). She retired from her position as MDS Specialist (retired) Winnipeg Regional Health Authority. Leslie has a special interest in the provision of mental health services and the rights of persons with mental health problems as a person whose mother had her rights abused while she was hospitalized with a mental illness. Leslie has participated in many presentations on quality of care for seniors.

**Tracy Young Ridgen, RPN, BScPN, BSc.** - received her BSc from BU in 2002 followed by a BScPN with Greatest Distinction in 2003. Until 2007, Tracy worked as a Staff Psychiatric Nurse and Group Facilitator at the Centre for Adult Psychiatry in Brandon. She now works as a Community Mental Health Nurse in the Mental Health Promotion Clinic for the Brandon Region. She has also done contract Mental Health Assessment and Rehabilitation work. She is a member of the CRPNM Professional Practice Committee and volunteers as a Sexual Assault Response Team member through the Brandon ER. Tracy has now completed two terms on the Board of Directors. She is enrolled in the Master's in Psychiatric Nursing Program at Brandon University.

**Glenda Zelmer, RPN, B. Ed (A.D.), M. Ed. (Couns), M. Ed. (Spec Ed)** graduated from the psychiatric nursing education program in 1990 working first in Geriatrics at BMHC then in the area of Child & Adolescents where she remained, moving to the now CATC. After 12 years Glenda went back to school and obtained her Education degree and now counsels full-time at Crocus Plains High School. Glenda finds that she promotes positive mental health daily to her high school students, and regularly advocates for her students with other mental health professionals. As well Glenda promotes the RPN profession through speaking to graduating students